



June 17, 2021

## **2021 Firefighter Safety Stand Down to Focus on Rehab**

The 2021 Firefighter Safety Stand Down will take place June 20 through June 26. This year's theme is ***Rebuild Rehab***. The Safety Stand Down is sponsored by the International Association of Fire Chiefs' (IAFC) Safety, Health and Survival Section, the National Volunteer Fire Council (NVFC), and the NFPA.

The [Safety Stand Down campaign](#) encourages departments to suspend non-emergency activities for a week to conduct safety training focused on physical and psychological rehab, which are critical to mitigating the physiological and mental impacts of firefighting. **Departments should review their rehab procedures to ensure that post-incident protocols cover all areas of health and safety, including cardiac, nutrition, exposure, psychological, hydration, and heat stress.**

Education and training resources are available on the Safety Stand Down website for fire departments to use within their programs throughout the week. Some of the resources supporting ***Rebuild Rehab*** include:

- Standards and guidance on developing a rehab program, including the [National Fire Protection Association \(NFPA\) 1584 Standard on Rehabilitation Process for Members During Emergency Operations and Training](#) and the U.S. Fire Administration publication, [Emergency Incident Rehabilitation PDF](#).
- Cardiac health and nutrition resources from the National Volunteer Fire Council (NVFC), the International Association of Fire Chiefs (IAFC), the NFPA, and the Firefighter Cancer Support Network.
- Behavioral and mental health resources, including the NVFC's [Psychologically Healthy Fire Departments: Implementation Toolkit](#) and the IAFC's [Yellow Ribbon Report – Under the Helmet: Performing an Internal Size-Up](#).
- The NFPA will host the [2021 Safety Stand Down Quiz](#). Everyone who completes the quiz will receive an entry into a sweepstakes to win one of 200 commemorative Safety Stand Down challenge coins.

To support the Stand Down, the MEL Safety Institute added a [Video Briefing](#) on the importance of pre-habbing. A model Rehab Policy and Company-Level Training policy is now available on the [MSI Model Policies](#) page

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